

# DO YOU NEED FOOD ASSISTANCE? GET CALFRESH



Food Stamps allows you to access nutritious and healthy foods, such as fruits and vegetables, for you and your family. Requirements to apply:

- You must have at least one citizen or legal permanent resident with a social security number living in your household (including children).
- You may qualify for CalFresh even if you have a full-time or part-time job.
- Your monthly income must be below the limits shown in the table. Seniors, those on SSI, or those with disability can apply and may be eligible for CalFresh.
- You will need these documents to apply: photo ID, social security card, proof of income, resident card (if applicable), receipt of rent, and receipt of one utility bill.

### NEW GUIDE EFFECTIVE OCT 1, 2025 - SEP 30, 2026

People in Household	Maximum Gross Monthly Income	Maximum Monthly Allotment Oct 1, 2025 - Sep 30, 2026	
1	\$2,610	1	\$298
2	\$3,526	2	\$546
3	\$4,442	3	\$785
4	\$5,360	4	\$994
5	\$6,276	5	\$1,183
6	\$7,192	6	\$1,421
7	\$8,110	7	\$1,571
8	\$9,026	8	\$1,789
<b>Each Additional Person</b>	<b>+ \$918</b>	<b>Each Additional Household Member</b>	<b>+ \$218</b>

**FOOD STAMP BENEFITS DO NOT AFFECT YOUR  
IMMIGRATION STATUS**

**For more Information, contact:**

Adriana Saldana  
714-492-2828 | [asaldana@capoc.org](mailto:asaldana@capoc.org)  
Gaby Gregg  
714-907-4105 | [ggregg@capoc.org](mailto:ggregg@capoc.org)



**Apply online now!**  
Scan the QR code or  
use the URL to apply



<https://benefitscal.com/r/CAPOC>