

DO YOU NEED FOOD ASSISTANCE?

GET CALFRESH



Food Stamps allows you to access nutritious and healthy foods, such as fruits and vegetables, for you and your family.

Requirements to apply:

- ☐ You must have at least one citizen or legal permanent resident with a social security number living in your household (including children).
- ☐ You may qualify for CalFresh even if you have a full-time or part-time job.
- ☐ Your monthly income must be below the limits shown in the table.
Seniors, those on SSI, or those with disability can apply and may be eligible for CalFresh.
- ☐ You will need these documents to apply: photo ID, social security card, proof of income, resident card (if applicable), receipt of rent, and receipt of one utility bill.

NEW GUIDE EFFECTIVE OCT 1, 2024 - SEP 30, 2025

People in Household	Maximum Gross Monthly Income	Maximum Monthly Allotment Oct 1, 2024 - Sep 30, 2025	
1	\$2,510	1	\$292
2	\$3,408	2	\$536
3	\$4,304	3	\$768
4	\$5,200	4	\$975
5	\$6,098	5	\$1,158
6	\$6,994	6	\$1,390
7	\$7,890	7	\$1,536
8	\$8,788	8	\$1,756
Each Additional Person	+ \$898	Each Additional Household Member	+ \$220

**FOOD STAMP BENEFITS DO NOT AFFECT YOUR
IMMIGRATION STATUS**



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