

# DO YOU NEED ASSISTANCE WITH FOOD? **GET CALFRESH**



Food Stamps allow you to access nutritious and healthy foods such as fruits and vegetables for you and your family

### Requirements to apply:

- You must have at least one citizen or legal permanent resident with a social security number living in your household (including children).
- You may qualify for Cal-Fresh, even if you have a full- or part-time job. Your monthly income must be below the limits shown in the table.
- Seniors, those on SSI, or those with disability can apply and may be eligible for CalFresh
- You will need these documents apply: photo ID, social security card, proof of income, resident card (if applicable, receipt of rent, and receipt of one utility bill).

### NEW GUIDE EFFECTIVE OCT 1, 2020 - SEPT 20, 2021

People in Household	Maximum Gross Monthly Income	Maximum Monthly Allotment Oct 1, 2020 - Sept 30, 2021	
1	\$2,128	1	\$204
2	\$2,874	2	\$374
3	\$3,620	3	\$535
4	\$4,368	4	\$680
5	\$5,114	5	\$807
6	\$5,860	6	\$969
7	\$6,608	7	\$1,078
8	\$7,354	8	\$1,224
Each additional person	<b>+\$748</b>	Each additional household member	<b>+\$153</b>

**FOOD STAMP BENEFITS DO NOT AFFECT YOUR IMMIGRATION STATUS**



**For more information, contact:**

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