

# FREE FOOD FOR SENIOR CITIZENS (60 YEARS AND OLDER)



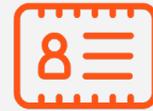
Each eligible person receives a box of food weighing approximately 32 pounds, including cereal, juice, peanut butter, milk, canned veggies, fruit, soup, milk and cheese.

### Income Guidelines:

Household Size	Maximum Income
1 Senior	\$1,383 per month
2 Seniors	\$1,868 per month
3 Seniors	\$2,353 per month



**QUALIFIED PEOPLE  
WILL RECEIVE FOOD  
THE SAME DAY**



**BRING YOUR  
PHOTO ID  
WITH YOU**

### Distribution Sites:

Orange County	LA County	Riverside County
Anaheim	Hawaiian Gardens	Mead Valley
Buena Park	Long Beach	Menifee
Costa Mesa	Norwalk	Mira Loma
Cypress	Santa Fe Springs	Riverside
Garden Grove	Whittier	
Huntington Beach		
Irvine		
La Habra		
Laguna Hills		
Los Alamitos		
Midway City		
Orange		
Placentia		
San Clemente		
Santa Ana		
Seal Beach		
Tustin		
Westminster		



### For a site near you, please contact:

Esther - 714-897-6670 ext. 3612 | [ecarranza@capoc.org](mailto:ecarranza@capoc.org) or  
Julie - 714-897-6670 ext. 3613 | [jgonzales@capoc.org](mailto:jgonzales@capoc.org)