



**Community Action Partnership of Orange County  
Nutrition, Health, and Wellness Programs**

**NUTRITION, HEALTH & WELLNESS INTERNS:**

- Participate in community activities (i.e. health fairs, resource fairs, distributions, etc) to conduct nutrition activities that deliver appropriate nutrition message through games, physical activity, etc
- Participate/conduct nutrition education classes to low-income residents (i.e. at food banks, community centers, family resource centers, clinics, etc)
- Conduct food demonstrations of culturally and health appropriate foods at events (i.e. farmers' markets, ethnic retail stores, flea markets, community centers, etc)
- Conduct taste-testing events at locations such as schools, after-school programs, community centers, food banks, to promote fruits and vegetables to low-income populations
- Conduct promotional events at ethnic retail markets (i.e. Northgate, Superior, Sol) to promote nutritional message and consumption of fruits and vegetables
- Conduct State DHS surveys to participants at events
- Conduct trainings on materials available to community partners
- Conduct research on literature pertaining to nutrition topics (i.e. studies, food policies, access issues, health trends, etc) for use by agency, department, programs
- Create media pieces (i.e. media alerts, media releases, news columns for agency newsletter, etc)
- Develop understanding/knowledge of agency services that are available for target population
- Assist with reporting for programs and funding
- Update databases that track program progress and activities
- Attend team conferences, departmental meetings, seminars, trainings, and meetings with other community partners
- Attend ServSafe classes conducted by agency staff to ensure proper food handling techniques at events
- Develop lesson plans for nutrition education classes
- Develop recipes appropriate to specific group which incorporates WIC, Food Bank, or Commodity Foods, using USDA recipe finder or other sources
- Develop/create projects, resources, or evaluations that support or enhance programs
- Other assignments/duties as needed

Contact Information:

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**Planning**

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